Wherever you are in your faith journey, we welcome you at Trinity. God’s grace sustains us as we strive to know, love and serve others in our daily lives. Thank you for worshiping with us.

THE LITURGY

The Book of Common Prayer, p. 323

The congregation is invited to make all the responses printed in boldface type.

OPENING ACCLAMATION

BCP, p. 323

GLORIA

BCP, p. 324

THE COLLECT OF THE DAY

O God, the strength of all who put their trust in thee: Mercifully accept our prayers; and because through the weakness of our mortal nature, we can do no good thing without thee, give us the help of thy grace, that in keeping thy commandments we may please thee both in will and deed; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, forever and ever. Amen.

THE FIRST LESSON

Choose life • Deuteronomy 30:15-20

Moses said, “See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death,
blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.”

THE GRADUAL PSALM

1 Happy are they whose way is blameless, * who walk in the law of the LORD!
2 Happy are they who observe his decrees * and seek him with all their hearts!
3 Who never do any wrong, * but always walk in his ways.
4 You laid down your commandments, * that we should fully keep them.
5 Oh, that my ways were made so direct * that I might keep your statutes!
6 Then I should not be put to shame, * when I regard all your commandments.
7 I will thank you with an unfeigned heart, * when I have learned your righteous judgments.
8 I will keep your statutes; * do not utterly forsake me.

THE SECOND LESSON

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

THE GOSPEL

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory be to thee, O Lord.

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and `whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be
liable to the council; and if you say, `You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one.

The Gospel of the Lord.

Praise be to thee, O Christ.

THE SERMON

The Rev. Roger Bowen

THE NICENE CREED

BCP, p. 326

THE PRAYERS OF THE PEOPLE

BCP, p. 328

Let us pray for the whole state of Christ’s Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, especially Justin Welby, Archbishop of Canterbury; Michael Curry, our Presiding Bishop; Mark Bourlakas, our Bishop; Denise Guinta and John Lane, our priests; Shirley Ruedy, our deacon; that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace; and especially to our companion churches. For the people of Grace Radford and their rector, The Rev. Kathy Kelly. For the people of the Maya
Deanery in the Diocese of Honduras, especially the churches of The Holy Spirit, St. Nicholas, San Antonio, San Francisco de Assisi, St. John the Evangelist, Santa Cruz, San Miguel Arcángel, and Santa Maria Virgen. For the people of the Diocese of Haiti, especially St. Marc’s School in Cerca-la-Source. For the people of the Diocese of Leeds, to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially President Donald Trump; Governor Ralph Northam; Mayor Carolyn Dull; and County Chair Gerald Garber; that they may be led to wise decisions and right actions for the welfare and peace of the world. Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

We pray for those among us who are sick or have other needs. (Names with an * are members of Trinity.)

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. We pray especially for our Armed Forces; for our enemies; for migrants; for the people on our southern border; and for the victims of war everywhere. We pray for:


We pray in thanksgiving for those celebrating birthdays, particularly Maureen Gray, Ernest Holley, Beverly Stone, Emily Harris, Kay Manchester, Steve Carpenter, Mark Battin, Chad Hurst, Ross Newell; for those celebrating anniversaries; for those in whom healing has begun; and for those thanksgivings we now name (pause).

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially Dr. William D. and Sara N. James, Dr. William D. and Lillian D. James, Charles Perry and Sara B. Nair, C. Clark Laster, III, Rodney L. Armstrong, Kenneth Manka (husband of Lynn Manka), Mike Gordon (friend of Kay Buchanan), Claiborne Elder, Fred Walsh (brother of Jane Walsh and brother-in-law of Janice Sultenfuss), Laura Long (family member of Paul and Ruth Bugas), Hank Lindeman (friend of Paul and Ruth Bugas), Erik Graybill (friend of Paul and Ruth Bugas), and those we name (pause); beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of the Blessed Virgin Mary, and all thy saints, that with them we may be partakers of thy heavenly kingdom. Grant these our prayers, O Father, for Jesus Christ’s sake, our only Mediator and Advocate. Amen.
THE CONFESSION OF SIN  BCP, p. 331
EUCHARISTIC PRAYER I  BCP, p. 333
THE LORD’S PRAYER  BCP, p. 336
THE BREAKING OF THE BREAD  BCP, p. 337
THE POSTCOMMUNION PRAYER  BCP, p. 339

SENDING FORTH OF THE EUCHARISTIC VISITORS
At the conclusion of communion, the Eucharistic Visitors go to the altar rail.

We send you out to share Communion this day.
May you carry the prayers of all of us as you take this sacrament of Christ’s presence.
May those who receive it from you be strengthened and encouraged in that community we have together in our Lord Jesus Christ.

THE BLESSING

THE DISMISSAL

THE ALTAR FLOWERS ARE GIVEN IN MEMORY OF
Dr. William D. and Sara N. James, Dr. William D. and Lillian D. James, Charles Perry and Sara B. Nair, C. Clark Laster, III, Rodney L. Armstrong

ASSISTING IN THE SERVICE
PRESIDER & PREACHER: The Rev. Roger Bowen
DEACON: The Rev. Shirley Ruedy
ALTAR CHAIR: Emily Cochran
EUCHARISTIC MINISTER: Dale Whitsit

LECTOR: Katie Cathey
USHER: Sue Armstrong
GREETER: Ruth Ward

Announcements

Children’s Corner: All children are welcome to use the Children’s Corner, in the back of the church, with children’s bulletins to color, books, activity bags, etc.

Nursery Care is available for children from birth to age 3 on the lower level of the Parish House from 8:30am - 12:30pm. A healthy snack is provided.
**Happening TODAY**

**Come one, come all!** Bible Buzz is an intergenerational event will take place on Sunday February 16 at 10am in McCracken Hall during the Sunday School hour. Join us for crafts, story and song. If you would like to help this month or in upcoming months please contact Crystal Fiechtl at (423)367-0570 or crystalfiechtl@gmail.com.

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**Happening this week**

**The office will be closed** on Monday, February 17 in honor of Presidents Day.

The **Memory Café** will meet on Thursday, February 20th from 2-3:30pm in the Parish House. This social event is for anyone with memory changes and their caregiver. Questions call Carter Hannah 540-241-8735.

**Trinity Church hosts a Memory Café each** THIRD THURSDAY and we serve cookies to our guests and their caretakers. If you would be willing to bake cookies (or any hand held non sticky fun food) please contact Muffie Newell (formation@trinitystaunton.org or 540-886-9132) and she will put you on our 2020 calendar. We need about 3 dozen each month. Thank you so much.

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**Happening next Sunday**

**SACRA (Staunton Augusta Church Relief Agency) Collection Sunday:** SACRA is a completely volunteer-operated agency which pools the outreach and relief funding of local churches to provide help to those in need within the local community.

**Sensory Concert:** Please join us on Sunday, February 23 at 5pm for a free sensory and family friendly concert of Mozart’s *Gran Partita*, performed by Caravanserai Music. Visit caravanserai-ensemble.com for more information.

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**Other Announcements**

**Pancake Supper:** Mark Your Calendar for Tuesday, February 25th at 6pm in McCracken Hall. It’s time for the Pancake Supper! Trinity Middle and High school youth will prepare the pancake feast followed by the Burning of the Palms service out on the labyrinth officiated by The Rev. Denise Guinta. Questions, please email Muffie Newell formation@trinitystaunton.org.

**The ECW will be collecting baby food** throughout the Lenten season to donate to the Verona Food Pantry. The collection will begin with the Pancake Supper on February 25 and continue every Sunday, culminating on Easter Sunday. Your contributions will be greatly appreciated by our neighbors in need. Contact Sally Mueller (290-4832) with any questions.

**Ash Wednesday Services:** February 26; Trinity - 10:30am and 7:30pm. Emmanuel - 7:00am and 12:30pm.

**Lenten Evensong:** On March 1 at 5pm, Senior Choristers will sing Evensong for the first Sunday of Lent with music by John Wood, Simon Lole, and David Hogan. Pizza dinner for all in attendance will follow.
Lenten Program: “Serving with Love.” Each program begins with a potluck supper. Please attach a description for those who have special dietary needs or fasting for Lent. After supper, we will introduce the speaker who will share how they “Serve with Love.” All are welcome!
March 4 - Allen Chapel - Mandy’s Closet, a professional attire closet for young women
March 11 - Trinity - Noon Lunch Program
March 18 - Emmanuel - Prison Ministry at Augusta Correctional Center
March 25 - Trinity - St. Salvator’s Chapel Choir from St. Andrew’s University in Scotland
April 1 - Allen Chapel - Shenandoah Green, community environmental responsibility and awareness

Women's Lenten Bible Study: The Rev. Denise Guinta will be leading the Women’s Bible Study in Lent. Beginning March 4th and ending April 8th we will use the book Do What You Have the Power to Do by Helen Bruch Pearson to study six women in the New Testament and their encounters with Jesus. We will meet Wednesdays at 11am in the Foster Room. Please join us for discussion, prayer, and worship in each session. If you would like to peruse a copy of the book before signing up or to get a free copy ahead of time please see Denise or Muffie in the office. Hope to see you there!

KYN Interfaith Program: The next Know Your Neighbor program will be held at Temple House of Israel on Sunday, March 22 from 4-6:30 P.M. Mingling, set-up of dinner, and looking at exhibits will be from 4:00-4:30. Potluck dinner will be from 4:30-5:30. Program will be from 5:30-6:30. The program is entitled “Rituals of Departure – Death in our Religious Traditions.” There will be speakers from the Jewish, Muslim, Episcopal, and AME congregations, and a display table of exhibits.

Save the date! Celebrating Ourselves and Our Stories Women’s Conference at Trinity Church. 
Keynoter: Martha Bourlakas. When: 6:30-8:30pm on March 27th, 9am-4pm on March 28th. Cost: $30.00 for the weekend! Open to all Trinity women and friends. For information go to www.trinitystaunton.org, select Happenings and choose Women’s Conference.

Rector Search Committee Members: Sugie Battin, Paul Bugas, Judy Burtner, Rick Chittum, Richard L.M. Coleman (vestry member), Susanna Larner (vestry member), Oakley Pearson, Kristin Reichert (vestry member), Zeb Riley, Mary Schwaner, and Graham Tate.

For a decade Trinity has been part of a seven parish partnership with tiny St. Marc’s School in Cerca la Source, Haiti. Several of us have traveled there; and we pray for them each week. If you are interested in keeping up with the Virginia Haiti Collaborative and our mission trips, sign up to receive their monthly newsletter. Perhaps this is a Holy Spirit tap on your shoulder. Contact Deidre at the church office 540-886-9132 or communication@trinitystaunton.org.

Trinity has won first place in the Gypsy Hill Park 2019 Celebration of Lights, religious category. Many thanks to BJ Regi, Erik Boody, Robbie Lawson, and anyone else who helped make and install Trinity’s wonderful display!

Trinity has two AED defibrillators. One is placed near McCracken Hall, just outside the hallway entrance. The other is placed in the Sanctuary in the narthex area, above the fire extinguisher.
This Week at Trinity

Several AA groups meet throughout the week, please contact our office at 540-886-9132 for details.

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<thead>
<tr>
<th>SUNDAY</th>
<th>— February 16 —</th>
<th>WEDNESDAY</th>
<th>— February 19 —</th>
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<tbody>
<tr>
<td>7:45 AM Holy Eucharist – Rite I</td>
<td>CHURCH</td>
<td>7:30 AM Men’s Bible Study</td>
<td>FOSTER ROOM</td>
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<tr>
<td>8:45 AM Holy Eucharist – Rite II</td>
<td>CHURCH</td>
<td>11:00 AM Women’s Bible Study</td>
<td>FOSTER ROOM</td>
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<tr>
<td>10:00 AM Bible Buzz</td>
<td>MCCRACKEN HALL</td>
<td>5:30 PM Haiti Collaborative</td>
<td>MUSIKGARTEN ROOM</td>
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<tr>
<td>11:00 AM Holy Eucharist – Rite II</td>
<td>CHURCH</td>
<td>5:30 PM Musikgarten</td>
<td>MUSIKGARTEN ROOM</td>
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<td>5:45 PM Daughters of the King Mtg</td>
<td>BRAXTON ROOM</td>
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<td>MONDAY</td>
<td>— February 17 —</td>
<td>THURSDAY</td>
<td>— February 20 —</td>
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<tr>
<td>Presidents Day - Office Closed</td>
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<td>10:00 AM Musikgarten</td>
<td>MUSIKGARTEN ROOM</td>
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<td>4:00 PM Musikgarten</td>
<td>MUSIKGARTEN ROOM</td>
<td>2:00 PM Memory Café</td>
<td>PARISH HOUSE</td>
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<td>6:30 PM Mindfulness Meditation</td>
<td>FOSTER ROOM</td>
<td>6:15 PM Evening Prayer</td>
<td>ST. COLUMBA CHAPEL</td>
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<td>7:15 PM Vestry Meeting</td>
<td>GOOCH ROOM</td>
<td>7:00 PM Trinity Adult Choir</td>
<td>CHOIR ROOM / CHURCH</td>
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<tr>
<td>TUESDAY</td>
<td>— February 18 —</td>
<td>FRIDAY</td>
<td>— February 21 —</td>
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<tr>
<td>10:00 AM Staff Meeting</td>
<td>RECTOR’S OFFICE</td>
<td>SATURDAY</td>
<td>— February 22 —</td>
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<td>11:00 AM Meals on Wheels Delivered</td>
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<td>9:30 AM Altar Guild Setup</td>
<td>CHURCH</td>
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<tr>
<td>4:00 PM Junior Choristers</td>
<td>VARIOUS</td>
<td>SUNDAY</td>
<td>— February 23 —</td>
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<tr>
<td>4:00 PM Preparatory Choir</td>
<td>MUSIKGARTEN ROOM</td>
<td>SACRA Sunday</td>
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<tr>
<td>4:45 PM Senior Choristers</td>
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<td>10:00 AM Sunday School / WKYUAN</td>
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<td>11:00 AM Holy Eucharist – Rite II</td>
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<td>5:00 PM Sensory Concert</td>
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VESTRY

Sara James, Senior Warden • Erik Boody, Junior Warden • Lee Beam, Treasurer • Tom Fechtel, Assistant Treasurer • Laurie Carrington, Clerk • 2020 Term: Frank Babcock • Katie Cathey • Sara James • Claudette Obenschain • 2021 Term: Tom Bell • Constance Harrington • Susanna Larner • Sally Mueller • 2022 Term: Erik Boody • Richard L. M. Coleman • Tom Fechtel • Kristin Reichert

CLERGY

The Rev. Denise Guinta, Interim Rector interim@trinitystaunton.org
The Rev. John D. Lane, Rector Emeritus jdlane08@gmail.com
The Rev. Shirley Ruedy, Deacon ruedyse@outlook.com
Office Phone: 886-9132 • Website: www.trinitystaunton.org
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